

## Chup Chup Apni Jaan Pe Lyrics - Jeeo Aur Jeene Do :

Singer - [Mohammed Rafi](#)

Lyricist - [Verma Malik](#)

Music - [Laxmikant Shantaram Kudalkar -Laxmikant Pyarelal, Pyarelal Ramprasad Sharma -Laxmikant Pyarelal](#)

Music Label - Saregama

Chup chup apni jaan pe  
Sah ja duniya ka anyay  
Koi nahi is dharti par  
Jo tera dard bataye  
Sita ke liye likha hai yahi  
Har yug me agni pariksha de  
Sita ke liye likha hai yahi  
Har yug me agni pariksha de  
Dukh sah ke bhi mukh se kuch na kahe  
Man ko dhiraj ki siksha de  
Sita ke liye likha hai yahi  
Gairo ke kadwe bol sune  
Apno ka atyachar sahe  
Gairo ke kadwe bol sune  
Apno ka atyachar sahe  
Jis ram ke sang ban ban bhatke  
Us ram ke bhi dutkar sune  
Dharti me shamane se pahle  
Dharti me shamane se pahle  
Dharti ki tarah har bar sahe  
Sita ke liye likha hai yahi  
Purusho ki banai duniya me  
Kya ik nari ka man na bache  
Purusho ki banai duniya me  
Kya ik nari ka man na bache  
Jis jahar se ram ka man na bacha  
Us jahar se kya insan bache  
Jo reet yugo se jari hai  
Jo reet yugo se jari hai  
Us reet se kaise jaan bache  
Sita ke liye likha hai yahi  
Is andhi bahari nagri me  
Jab jab sita ko aana hai  
Is andhi bahari nagri me  
Jab jab sita ko aana hai  
Jite ji kasht uthana  
Marne pe sati kahlana hai  
Marne pe sati kahlana hai  
Itihas ke panno ko sadiyo  
Itihas ke panno ko sadiyo  
Yuhi ye katha dohrana hai  
Sita ke liye likha hai yahi  
Har yug me agni pariksha de  
Dukh sah ke bhi mukh se kuch na kahe  
Man ko dhiraj ki siksha de  
Sita ke liye likha hai yahi